

MEN'S DIALOGUE SEMINAR: SEXUAL AND REPRODUCTIVE HEALTH

Khumbhekani Victim Empowerment - Newsletter

15 January 2026

You missed this:

- Sexual And Reproductive Health (Page 1)
- Campaign Overview (Page 2)
- Discussion (Page 2)
- Messages from the Stakeholders (Page 3)
- Community Impact (Page 3)
- Goals of the SRH Campaign (Page 3)
- Conclusion (Page 4)

Introduction

Khumbhekani Victim Empowerment continues to stand with the community in addressing issues that affect families, relationships, and overall well-being. On 15 January 2026 at Matiko-xikaya (Assembles of God Church), the organisation successfully hosted a Community Conservation on Sexual Reproductive Health (SRH). The community conservation aimed to strengthen knowledge, encourage responsible health-seeking behaviour, and promote peaceful, respectful relationships within our communities.



About Khumbhekani Victim Empowerment

Khumbhekani Victim Empowerment is a community-based organisation dedicated to supporting victims of violence and abuse. The organisation works closely with community members, stakeholders, and institutions to address issues such as:

- Domestic Violence
- Gender-Based Violence (GBV) against women and children
- Child neglect and abuse
- Human trafficking

Emotional, physical, and financial abuse

Through awareness campaigns, dialogues, and community

reach programmes, Khumbhekani seeks to prevent violence and promote healthy, informed, and respectful family



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Men's Seminar Overview



The **15 January 2026 SRH Community Conservation** focused on raising awareness about how sexual and reproductive health directly impacts marriages, family stability, and community safety. Community members, particularly men and boys, were encouraged to reflect on their health, attitudes, and behaviours, and how these may contribute either to harmony or conflict within relationships.

Key Discussion Areas

During the seminar, the following key topics were discussed:

- The impact of poor sexual and reproductive health on marriages and intimate relationships
 - The link between unresolved sexual health challenges and Gender-Based Violence
 - The importance of men taking responsibility for their health
 - Barriers that prevent men from accessing sexual and reproductive health services
 - Understanding sexual rights, consent, and mutual respect within relationships
- Participants were encouraged to engage openly, ask questions, and share experiences in a safe and respectful environment.

Key Messages from the Stakeholders

- Sexual and reproductive health is a shared responsibility between partners
- Early health check-ups can prevent serious challenges later in life
- Open communication between partners reduces conflict and mistrust
- Consent and respect are central to healthy and lawful relationships

Violence is never a solution to sexual or relationship challenges

Men were particularly encouraged to seek medical advice early, reduce harmful habits such as excessive alcohol consumption, and support their partners emotionally and physically.

Community Impact

The campaign created a platform for honest dialogue and learning, helping community members better understand how health, behaviour, and respect are interconnected. Many participants expressed appreciation for the safe space provided to discuss issues that are often considered taboo.

Khumbhekani Victim Empowerment believes that informed individuals make better decisions, and informed



Goals of the SRH Community Conservation

- To encourage men to monitor and prioritize their sexual reproductive health
- To reduce incidents of violence linked to sexual health misunderstandings
- To promote self-control, respect, and problem-solving within relationships
- To strengthen commitment to ending all forms of violence against women and children



Conclusion

The **15 January 2026 Sexual and Reproductive Health** Community Conservation reaffirmed Khumbhekani Victim Empowerment's commitment to building safer families and stronger communities. By promoting health awareness, respect, and open communication, the organisation continues to play a vital role in preventing violence and restoring dignity within homes.



*"Thank you for going
through our newsletter... YOUR PAIN IS
OUR CONCERN!"*

Edited– Surprise MacDonald

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Next Events:

1. Event: Men's Training
Date: 28 January 2026
Place: Humulani
Venue: Humulani-A
Topic: Gender and Gender Roles
Time: 10h00
2. Event: Men's Dialogue Seminar
Date: 05 February 2026
Place: Ninakhulu
Venue: MLPR Church
Topic: Conflict Resolution