

MEN'S DIALOGUE SEMINAR: "SEXUAL REPRODUCTIVE HEALTH & RIGHTS"

Khumbhekani Victim Empowerment - Newsletter

27 November 2025

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Engaging Men & Boys to End Gender-Based Violence

The organization hosted a Men's Dialogue Seminar on the 27th November 2025 at Matiko-xikaya focusing on Sexual Reproductive Health (SRH). The seminar aimed to transform men and boys of the community of Matiko-xikaya towards minimizing men's health failing so that they can be in a position of making informed decisions about accessing SRHR services, including access to family planning. Men and boys will change their attitude and they understand the importance of family planning to the welfare of their families.



The Introduction

Mrs Kwenda broke the ice: "Khumbhekani Victim Empowerment is a community organization that deals with many family issues that include Domestic violence, Gender-Based violence against women and children, Child neglects, Human trafficking and many forms of Abuses (physical, emotional, financially and child abuse). It got a stable office at Lulekani Police station as a trauma centre (friendly room) for the victims of violence.

It prevents all forms of violence and abuses through hosting awareness campaigns, seminars and roadshows to the community addressing the issue of violence against women and children and the damage that the violence causes at homes"

The organization uncovers that 'Sexual Reproductive Health' is one of the roots of violence in the community!

- When a man does not take good care of his health it might affect his sexual reproductive health system that might end up leading to break his marriage,
- 1. **What happens in a marriage when the man's sexual reproductive health is not good?**



 3. How men should maintain their sexual reproductive health to prevent Violence?
 4. Why men are afraid to check their sexual reproductive health status at the health centres?
 5. How are the sexual RIGHTS work for two and How to control yourself when the spouse is not competent during flesh pleasures as a man?
- 2. How sexual reproductive health contributes towards Gender-Based Violence?



Questions & Answers

1. **What happens in a marriage when the man's sexual reproductive health is not good?**
- a man starts to perform low in bed that may make the spouse complain and he feels embarrassed.

2. How sexual reproductive health contributes towards Gender-Based Violence?

- Poor performance: Once the spouse complains against her partner about poor performance on sexual activities, the man develops jealousy whenever his spouse goes out thinking that she might see other men.
- If ever the man suspects that his spouse has a male friend or secret relationship, he starts to be **more violent** towards his spouse.



3. How men should maintain their sexual reproductive health to prevent Violence?

- Some men recommend to drink more water instead alcohol and other body boosting remedies that are not recommended by professional doctors.
- Some members recommended tea because it is another method of making a man to drink more water that makes good sexual reproductive health.
- Men should share their sexual reproductive health problems while on stage one with other men to get help before their spouses get influenced outside the marriage.



4. Why men are afraid to check their sexual reproductive health status at the health centres?

- Some community members state that it's man's nature the fear to consult for their health status and by so doing their bodies develop more sicknesses that would have been cured at the early stage before their reproductive organs be more damaged to the state that they could not make their spouses happy in bed.

5. How are the sexual RIGHTS work for two and How to control yourself when the spouse is not competent during flesh pleasures as a man?

- It gives full rights to both husband and wife the access of body pleasure satisfaction but there must be communication and understanding between them all.
- As a man, understand your spouse's feelings at that moment and avoid forcing her to sex though you might be legally married—it's rape.
- Never force yourself on your spouse since she might not be feeling well and it's good to ensure that good communication and respect is the umbrella of your marriage.

Goals to achieve with this approach 'Sexual Reproductive Health':

- Men to monitor their health so that they may stay strong and healthy,
- To make zero violence against women that may be caused about sexual issues because of health that was not taken care of.
- Men to have a good approach on problem solving related sexual denials.
- Men of self control on high sexual pleasures because she might be on the same mood and not willing to sacrifice due to body illness.
- Men committing themselves to fight violence of any form against women and children.



Next Events:

1. Event: Men's Training
Date: 04 December 2025
Place: Biko
Venue: Biko South Sport Ground
Topic: Conflict Resolution
Time: 10h00
2. Event: Awareness Campaign
Date: 11 December 2025
Place: Kurhula-A
Venue: Kurhula-A Sport Ground
Topic: Community Approach on GBV

*"Thank you for going
through our newsletter... YOUR PAIN IS
OUR CONCERN!"*



Edited– Surprise MacDonald